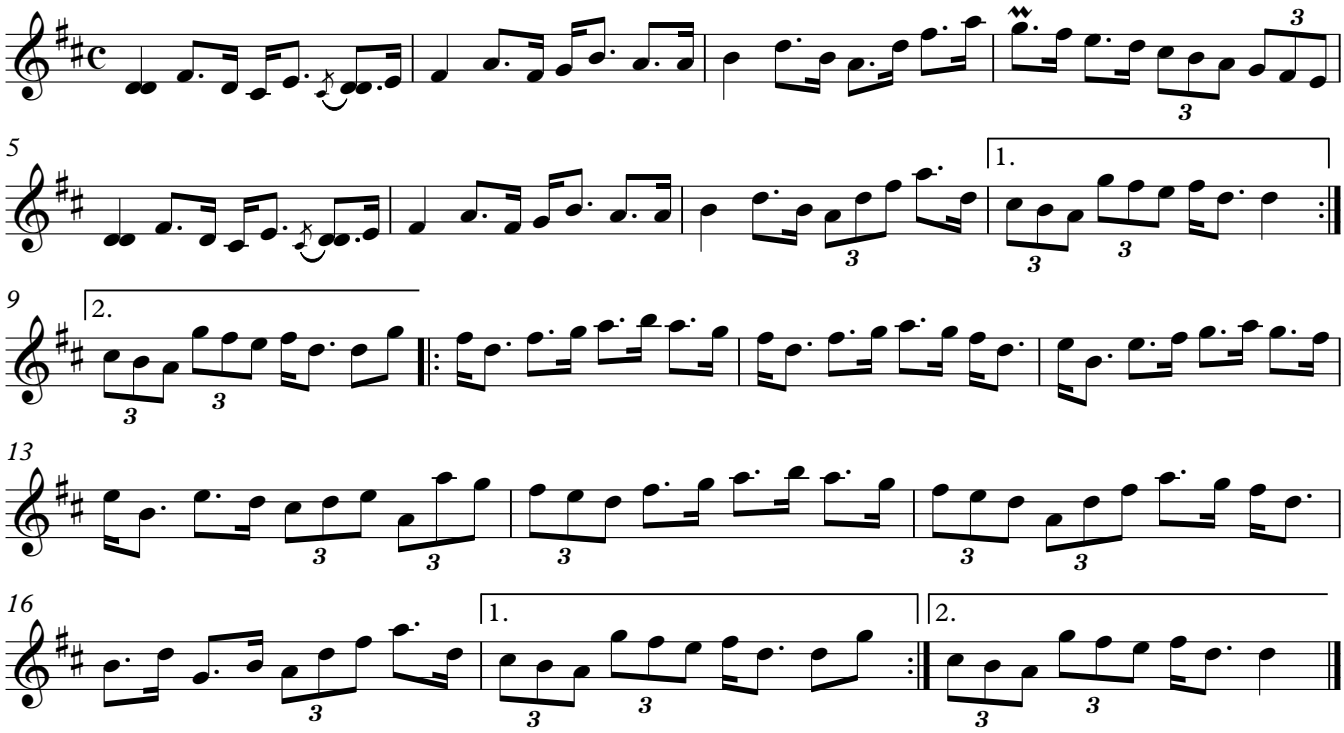The Bladnoch